



Trainingsplan Hinrunde JFG Straubinger Land 09



RSVI: Training Ittling | FCA: Training Aiterhofen | TSVO: Training Oberschneiding

	Montag			Dienstag			Mittwoch			Donnerstag			Freitag			Samstag			Sonntag			
	RSVI	FCA	TSVO	RSVI	FCA	TSVO	RSVI	FCA	TSVO	RSVI	FCA	TSVO	RSVI	FCA	TSVO	RSVI	FCA	TSVO	RSVI	FCA	TSVO	
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18:30		Training D3																				
19:00	Training A																					
19:30			Training B																			
20:00				Training C																		
20:30																						
21:00																						

 = A-Junioren

 = B-Junioren

 = C-Junioren

 = D1/D2-Junioren

Heimspiel B

RÜCKRUNDE
Heimspiel B

Heimspiel C

Heimspiel A

RÜCKRUNDE
Heimspiel A

Heimspiel D1
Rückrunde D2

Heimspiel D3

Heimspiel D2
Rückrunde D1

Training A

Training B

Training C

Training D1/2

Training D3

Training C

Training B

Training D3

Training A

